

# URGENT CHRISTMAS APPEAL FROM CAMDEN FOODBANK

## PLEASE HELP US TO FEED ADULTS & CHILDREN IN FOOD POVERTY

### What food is needed and why?

Camden Foodbank make up longlife emergency food parcels to support local people in food crisis. In order to make up well balanced food packages we need any of the items listed below:

#### Targeted food needed by Camden Foodbank at Christmas time:

|                   |                    |                 |
|-------------------|--------------------|-----------------|
| Tinned Meat       | Tea/Coffee         | Longlife Juice  |
| Tinned Fish       | Sugar              | Longlife Milk   |
| Tinned Fruit      | Cereal             | Cooking Oil     |
| Tinned Tomatoes   | Baked Beans        | Shampoo         |
| Pasta Sauce       | Christmas present  | Shower Gel/Soap |
| Pasta/Rice        | for Children       | Toothbrush      |
| Washing up Liquid | Christmas Biscuits | Toothpaste      |
| Washing Powder    | Christmas Sweets   | Toilet Paper    |

### What are the different ways you can donate food to help local people at Christmas?

- I. Purchase targeted food listed above and **Deliver in person,**
- II. Purchase targeted food listed above and **Send through Internet shopping.**

### How to donate money?

**INDIVIDUAL GIVING THROUGH JUST GIVING** for Camden Foodbank click on <https://checkout.justgiving.com/c/3445418> 100% of your donation will go directly to Camden Foodbank. We would grateful if you can also select **GIFT AID** which will increase your donation

**FOR CHEQUES/DIRECT DEBITS AND OTHER WAYS OF GIVING** <https://camden.foodbank.org.uk/give-help/donate-money/>

#### EVERY £40 RECEIVED IN CASH DONATIONS PAYS FOR ONE EMERGENCY PACKAGE\*



A well balanced 3-day emergency parcel for one person could mirror the photo above. (Cost per package may vary according to availability\*).

### Where can the food be delivered to and what times? \*

#### Deliver Food in Person:

| Day              | Time                 | Address  |
|------------------|----------------------|--|
| Tuesday & Friday | 11.30 am to 3.00 pm  | Camden Foodbank, 14 Pratt Mews, London NW1 0AD.  |
| Wednesday        | 5.00 pm to 7.00 pm   | Camden Town Methodist Church, Wesley Hotel Camden Town, 89 Plender Street, London NW1 0JN. |
| Saturday         | 10.00 am to 12.00 pm | Camden Town Methodist Church, Wesley Hotel Camden Town, 89 Plender Street, London NW1 0JN. |
| Sunday           | 10.00 am to 12.00 pm | Camden Foodbank, 14 Pratt Mews, London NW1 0AD.  |

#### Send by Internet Shopping:

|                       |                     |   |
|-----------------------|---------------------|---|
| Any Tuesday or Friday | 11.30 am to 2.00 pm | Camden Foodbank, 14 Pratt Mews, London NW1 0AD. |
|-----------------------|---------------------|---|

Camden Foodbank is closed for Christmas from 23rd December 2023 and open again 9<sup>th</sup> January 2024. \*



Camden foodbank  
 14 Pratt Mews  
 London NW1 0AD  
 07871 248704 (Food deliveries only)  
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 Registered Charity in  
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