



Bramble Class Lido trips

Dear parents and carers,

Bramble will be visiting Parliament Hill Lido in Gospel Oak on **Thursday 7th July and Friday 8th July.**

We plan to arrive at the lido at 10am and leave at approximately 11.30am. We will walk there and back.

At the start of each session the lifeguards will spend 25 minutes on the poolside teaching the children some basic water safety and first aid. After that the children will be free to swim, splash and play in the pool.

Please send your child to school with swimming kit:

- Towel
- Costume
- Swimming hat (very good for keeping warmth in body)
- Goggles (if you have some - no need to buy just for this trip)

The pool is outside and unheated so the water is fresh. Please make sure your child has:

- A warm layer for after their swim (even if the weather is sunny)
- A layer of sun cream if needed

Yours,

Summer.

Bramble Class Teacher