

Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the rolling news pages at news.camden.gov.uk
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil) and Facebook facebook.com/LBCamden
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



SIGN UP to the Council's coronavirus e-newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates



As the current lockdown enters its second month, I know many will be finding life extremely hard. While everyone's experience is different, it's so important we continue to look after and be kind to each other – but also to ourselves. That includes taking care of our mental and physical health.

If you need any support, we are here for you. We can provide help with accessing essentials such as food and medicine, support with self-isolation, your finances and much more. To speak to the team, call **020 7974 4444 (option 9)** or visit camden.gov.uk/coronavirus

While the rollout of the COVID-19 vaccine brings great hope, it is crucial we all continue to stay at home as much as possible – people are still catching the virus every day. Even if you don't have symptoms, you could be carrying the virus when you go out. If you do need to leave home for work, we are offering free tests with a 45-minute turnaround time for those who live or work in Camden – see details below to book a test.

Stay safe and thank you for continuing to look after our borough.

Councillor Georgia Gould, Leader of Camden Council

STAY AT HOME TO SAVE LIVES



NATIONAL LOCKDOWN RESTRICTIONS

With cases of coronavirus still so high in London, it's vital to follow public health advice to help control the spread of the virus and save lives:



Wear a face covering in indoor and busy outdoor public spaces, unless you're exempt



Wash your hands regularly and thoroughly



Keep 2 metres apart from people you don't live with



If it's essential to go out, act like you and others have COVID-19

For more information on national coronavirus restrictions, visit gov.uk/coronavirus

£500 support to self-isolate

If you're employed or self-employed, on a low income and currently receiving benefits, you may be eligible for a one-off payment of £500 to support you to self-isolate and to make up for lost income. This is called a Test and Trace Support Payment.

Find out more and apply at camden.gov.uk/apply-for-test-and-trace-support-payment – or call **020 7974 4444 (option 9)**.

No symptoms but must leave home for work?

Rapid COVID-19 tests are available for adults who live or work in Camden, who do not have symptoms and do not have access to tests via their employer. Even without symptoms, you may be infectious and at risk of passing the virus on to others. By taking a free test, you are helping to protect yourself and others, particularly those at highest risk. Please note new opening times at test locations:



Swiss Cottage Library, 88 Avenue Road, NW3 3HA: 7.30am – 2.30pm



New Charlie Ratchford Centre, Crogsland Road, NW1 8AY: 9am – 5pm



33-35 Jamestown Road, NW1 7DB: 7.30am – 7.30pm



Triton Café at Regent's Place, 17-19 Triton Street, NW1 3BF: 9am – 5pm

You will receive results within 45 minutes. You must book in advance. Visit camden.gov.uk/rapidtest

Got symptoms?

Self-isolate and get a free test by calling **119** or via nhs.uk/coronavirus. If you need help booking call Camden Council on **020 7974 4444 (option 9)**.

Please note, you will never be asked to pay for a test.

COVID-19 vaccine

The COVID-19 vaccine is important because it will help to reduce the number of people dying or getting seriously ill from COVID-19, which will help to reduce the strain on the NHS over time. It's safe, effective and gives the best protection against COVID-19. The NHS will contact you when it is your turn to be vaccinated – please make sure you attend your appointments.

Find out more about the COVID-19 vaccine at nhs.uk/coronavirus or call **119**.



Dr Zuhair Keekeebhai is a local GP, pictured above having his vaccine. He said: "I've had the vaccine and I urge you to have it too when it's your turn. One thing we can all do to keep each other safe is to keep following the rules."

Social care workers

The COVID-19 vaccine is being offered to frontline social care workers working directly with people more vulnerable to COVID-19. Camden Council knows many people with care needs directly employ personal assistants or care workers.

If you provide paid care privately or via a direct payment to someone living in Camden and have not already been given information about booking a vaccination by your employer, email socialcarevaccinationinfo@camden.gov.uk