

Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the rolling newsfeed at camden.gov.uk/coronavirusnews
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil)
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



SIGN UP to the Council's coronavirus e-newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates



Throughout this pandemic, we have seen our communities come together to support one another and perform simple acts of kindness for each other. The months ahead will be challenging for us all, but it's vital we continue to work together to help prevent further spread of coronavirus in our communities and a rise in cases this winter.

Getting a test and the results quickly is vital. This week a major new testing centre opened in Camden and it is a big step forward in making sure everyone can access the right help and support when they need it.

If you have symptoms, it is really important to self-isolate and get tested. If you test positive you will receive a call from the NHS Test and Trace team, who will ask you to share contact details of people you've been in close recent contact with so that they can get the advice they need. The Council and our partners are here to ensure that if you have to self-isolate you can do so safely and with the right support. Following this advice will mean we all play our part in controlling the spread of coronavirus and keep our families, friends and communities safe.

Councillor Georgia Gould, Leader of Camden Council

New coronavirus test site in Camden

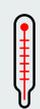
A new coronavirus test site has opened at UCL's Ramsay Hall on Maple Street, near Euston Road. It is open seven days a week, from 8am to 8pm.

Please note that you need to book a test appointment and cannot just turn up.

Got symptoms? Stay home and get tested



New, persistent cough



High temperature



Loss of, or change to, sense of smell or taste

If you develop coronavirus symptoms, however mild, please self-isolate and book a test online at nhs.uk/coronavirus or call **119**. You will be given options to book an appointment at a test centre, which includes Ramsay Hall, or request an at-home test kit.

If you need any support to self-isolate, please contact the Council on **020 7974 4444 (option 9)** or visit camden.gov.uk/coronavirus

Back at school and nursery – online event for parents

Parents whose children go to Camden schools or nurseries can put questions about education and childcare during the COVID-19 pandemic to a panel of Council and Public Health representatives at an online event next week.

The parents' Zoom conference is on Thursday 26 November, 1.30 to 3pm. If you'd like to ask a question, please submit in advance to Julie.Edgecombe@islington.gov.uk



Topics will include bubble sizes, social distancing and face coverings in schools, NHS Test and Trace, and more.

Find out more and book your place at camden.gov.uk/backatschoolevent

Mental health support for children and young people

If a child or young person in your care is struggling with their mental health, these services are available:

- Camden Child and Young Person's Mental Health Service offers support for a range of different issues. Call **020 8938 2241** between 9am and 5pm, seven days a week, or find out more at tavistockandportman.nhs.uk/care-and-treatment/our-clinical-services/camden-camhs-open-minded
- Kooth offers confidential online support for young people aged 11 to 18 at kooth.com
- Young people under 19 can phone Childline on **0800 1111** between 7.30am and 3.30pm seven days a week. They also provide support if you're D/deaf or hard of hearing – details at childline.org.uk
- More information about support for young people is available at camdenrise.co.uk/emotional-wellbeing
- If your child needs urgent healthcare, call **NHS 111** or visit **111.nhs.uk** so you can be directed to the best service for your child. Please note, the closest children and young people's A&E services are at the Whittington Hospital. UCLH and the Royal Free children's emergency departments are temporarily closed.

Care home visits

This is understandably a difficult and worrying time for care home residents and their families and friends. Local care homes are working closely with Camden Council and Public Health to put in place safety measures to enable visits to take place where possible.

Each care home's ability to have visitors will depend on their individual facilities and circumstances. This is in line with new Government guidance. Please check directly with individual care homes about their visiting policy before making any visiting arrangements.



Need support? Camden Council is here for you



Mental health



Housing



Finances



Accessing food



Self-isolating



020 7974 4444 (option 9)



camden.gov.uk/coronavirus